



# August 2018 - Menu

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

## Grades 9-12 Lunch

*MENUS ARE SUBJECT TO CHANGE*

		<p><b>8-1</b></p> <ul style="list-style-type: none"> <li>★★ Cheese Kit</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Fresh Garden Salad</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p><b>8-2</b></p> <ul style="list-style-type: none"> <li>★★ All Star Turkey Hot Dog</li> <li>★★ Shanghai Chinese Chicken Salad</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Fiesta Pinto Beans</li> <li>★ Tropical Twist Juice</li> <li>★ Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p><b>8-3</b></p> <ul style="list-style-type: none"> <li>★ Chicken Tenders</li> <li>★★ Classic Tuna Sandwich</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Mini Potato Tots</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p><b>8-6</b></p> <ul style="list-style-type: none"> <li>★★ Garlicky Cheese Bread - <b>V</b></li> <li>★★ Toasted Cheese Sandwich - <b>V</b></li> <li>★ Sweet Corn</li> <li>★ Marinara Sauce Cup</li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p><b>8-7</b></p> <ul style="list-style-type: none"> <li>★★ Café LA Burger</li> <li>★★ Yellow Submarine Sandwich</li> <li>★ Roasted Potato Wedges</li> <li>★ Fresh Garden Salad</li> <li>★ Fruit - <b>S</b></li> <li>★ Frozen Juice Slush</li> <li>★ Got Milk</li> </ul>	<p><b>8-8</b></p> <ul style="list-style-type: none"> <li>★★ Smoked Turkey Breast Sandwich</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Fiesta Pinto Beans</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p><b>8-9</b></p> <ul style="list-style-type: none"> <li>★★ Beefy Bean Burrito</li> <li>★★ Shanghai Chinese Chicken Salad</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Tropical Twist Juice</li> <li>★ Tangy Salsa Cup</li> <li>★ Fruit Juice</li> <li>★ Fruit - <b>S</b></li> <li>★ Got Milk</li> </ul>	<p><b>8-10</b></p> <ul style="list-style-type: none"> <li>★★ Golden Chicken Filet Sandwich</li> <li>★★ Classic Tuna Sandwich</li> <li>★ Mini Potato Tots</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>
<p><b>8-13</b></p> <ul style="list-style-type: none"> <li>★★ Cheesy Veggie Burger Sliders - <b>V</b></li> <li>★★ Toasted Cheese Sandwich - <b>V</b></li> <li>★★ Yogurt Parfait Crunchy Granola - <b>V</b></li> <li>★ Waffle Fries</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p><b>8-14</b></p> <ul style="list-style-type: none"> <li>★★ Turkey Burger</li> <li>★★ Yellow Submarine Sandwich</li> <li>★★ Tuna Salad Plate</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Roasted Potato Wedges</li> <li>★ Fresh Garden Salad</li> <li>★ Fruit - <b>S</b></li> <li>★ Frozen Juice Cup</li> <li>★ Got Milk</li> </ul>	<p><b>8-15</b></p> <ul style="list-style-type: none"> <li>★★ Pork Egg Roll</li> <li>★★ Pastrami &amp; Cheese Croissant</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Broccoli Buds</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p><b>8-16</b></p> <ul style="list-style-type: none"> <li>★★ Whole Grain Rich Pepperoni Pizza</li> <li>★★ California Chicken Wrap</li> <li>★★ Chinese Chicken Salad</li> <li>★ Artisan Roll - <b>S</b></li> <li>★ Sweet Corn</li> <li>★ Celery Sticks</li> <li>★ Fruit Cup</li> <li>★ Fruit Juice</li> <li>★ Got Milk</li> </ul>	<p><b>8-17</b></p> <ul style="list-style-type: none"> <li>★★ All Star Turkey Hot Dog</li> <li>★★ Classic Tuna Sandwich</li> <li>★★ Chicken Caesar &amp; Cheesy Bread</li> <li>★ Fiesta Pinto Beans</li> <li>★ Petite Baby Carrots - <b>S</b></li> <li>★ Fruit - <b>S</b></li> <li>★ Frozen Juice Slush</li> <li>★ Got Milk</li> </ul>

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# August 2018 - Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h2>Grades 9-12 Lunch</h2> <p><i>MENUS ARE SUBJECT TO CHANGE</i></p>				
<b>8-20</b> ** Chile Cheese Tamale - <b>V</b> ** Toasted Cheese Sandwich - <b>V</b> ** Yogurt Parfait Crunchy Granola - <b>V</b> ★ Fiesta Pinto Beans ★ Petite Baby Carrots - <b>S</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-21</b> ★ Chicken Tenders ★ Southern Buttermilk Biscuit ** Deli Turkey & Cheese Sandwich ★ Tuna Salad Plate ★ Artisan Roll - <b>S</b> ★ Roasted Potato Wedges ★ Cucumber Coins ★ Fruit - <b>S</b> ★ Frozen Juice Cup ★ Got Milk	<b>8-22</b> ★ Taco Bean Dip ★ Crunchy Tortilla Chips ** Pastrami & Cheese Croissant ** Chicken Caesar & Cheesy Bread ★ Sweet Corn ★ Petite Baby Carrots - <b>S</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-23</b> ** Café LA Burger OR Café LA Cheeseburger ** California Chicken Wrap ** Chinese Chicken Salad ★ Artisan Roll - <b>S</b> ★ Crinkle Cut Potatoes ★ Fresh Garden Salad ★ Fruit Cup ★ Fruit Juice ★ Got Milk	<b>8-24</b> ★ Oven Fried Chicken Drumstick ★ Artisan Roll - <b>S</b> ** Classic Tuna Sandwich ** Chicken Caesar & Cheesy Bread ★ Fluffy Mashed Potatoes ★ Petite Baby Carrots - <b>S</b> ★ Fruit - <b>S</b> ★ Frozen Juice Cup ★ Got Milk
<b>8-27</b> ** Bean & Cheese Pupusa - <b>V</b> ** Toasted Cheese Sandwich - <b>V</b> ** Yogurt Parfait Crunchy Granola - <b>V</b> ★ Crinkle Cut Potatoes ★ Petite Baby Carrots - <b>S</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-28</b> ★ Fiesta Omelet ★ Southern Buttermilk Biscuit ** Yellow Submarine Sandwich ★ Tuna Salad Plate ★ Artisan Roll - <b>S</b> ★ Golden Hash Brown Patties ★ Fresh Garden Salad ★ Fruit - <b>S</b> ★ Frozen Juice Cup ★ Got Milk	<b>8-29</b> ** Zesty Beef Chalupa and Rice ** Pastrami & Cheese Croissant ** Chicken Caesar & Cheesy Bread ★ Fiesta Pinto Beans ★ Petite Baby Carrots - <b>S</b> ★ Fruit - <b>S</b> ★ Fruit Juice ★ Got Milk	<b>8-30</b> ** Whole Grain Rich Pepperoni Pizza ** California Chicken Wrap ** Chinese Chicken Salad ★ Artisan Roll - <b>S</b> ★ Fresh Garden Salad ★ Celery Sticks ★ Fruit Juice ★ Fruit Cup ★ Got Milk	<b>8-31</b> ** Tangerine Chicken & Fried Rice ** Classic Tuna Sandwich ** Chicken Caesar & Cheesy Bread ★ Broccoli Buds ★ Petite Baby Carrots - <b>S</b> ★ Fruit - <b>S</b> ★ Frozen Juice Cup ★ Got Milk

**All of the Grain/Bread items served are whole grain.**

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

★: For a reimbursable meal, pick at least 3 ★'s. **One** ★ must be a fruit or vegetable

**S**: Items with an (S) can be saved for later

**V**: Vegetarian items

\*\*Farm Fresh Fruits: Apple, Orange, Banana